Course Standards

Course Code: 500311

Course Name: Dance Technique

Grade Level: 6-8

Upon course completion students should be able to:

Upon course completion students should be able to:		Education
6 th Grade	7 th Grade	8 th Grade
DA:Cr1.1.6	DA:Cr1.1.7	DA:Cr1.1.8
a. Relate similar or	a. Compare a variety of	a. Implement movement from
contrasting ideas to develop	stimuli (for example, music,	a variety of stimuli (for
choreography using a variety	observed dance, literary	example, music, observed
of stimuli (for example,	forms, notation, natural	dance, literary forms,
music, observed dance,	phenomena, personal	notation, natural phenomena,
literary forms, notation,	experience/recall, current	personal experience/recall,
natural phenomena, personal	news or social events) and	current news or social events)
experience/recall, current	make selections to expand	to develop dance content for
news or social events).	movement vocabulary and	an original dance study or
	artistic expression.	dance.
b. Explore various movement		
vocabularies to transfer ideas	b. Explore various movement	b. Identify and select personal
into choreography.	vocabularies to express an	preferences to create an
	artistic intent in	original dance study or dance.
	choreography. Explain and	Use genre specific dance
	discuss the choices made	terminology to articulate and
	using genre-specific dance	justify choices made in
	terminology.	movement development to
	5.00.15	communicate intent.
DA:Cr2.1.6	DA:Cr2.1.7	DA:Cr2.1.8
a. Explore choreographic	a. Use a variety of	a. Collaborate to select and
devices and dance structures	choreographic devices and	apply a variety of
to develop a dance study that	dance structures to develop a	choreographic devices and
supports an artistic intent.	dance study with a clear	dance structures to
Explain the goal or purpose	artistic intent. Articulate	choreograph an original
of the dance.	reasons for movement and	dance study or dance with a
1.5	structural choices.	clear artistic intent. Articulate
b. Determine artistic criteria		the group process for making
to choreograph a dance study	b. Determine artistic criteria	movement and structural
that communicates personal	to choreograph a dance study	choices.
or cultural meaning. Based on	that communicates personal	h Define and apply antistic
the criteria, evaluate why	or cultural meaning.	b. Define and apply artistic
some movements are more or less effective than others.	Articulate how the artistic	criteria to choreograph a dance that communicates
less effective than others.	criteria serve to communicate	
	the meaning of the dance.	personal or cultural meaning. Discuss how the criteria
		clarify or intensify the
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		meaning of the dance.

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DA:Cr3.1.6	DA:Cr3.1.7	DA:Cr3.1.8
a. Revise dance compositions	a. Evaluate possible revisions	a. Revise choreography
using collaboratively	of dance compositions and, if	collaboratively or
developed artistic criteria.	necessary, consider revisions	independently based on
Explain reasons for revisions	of artistic criteria based on	artistic criteria, self-
and how choices made relate	self-reflection and feedback	reflection, and the feedback
to artistic intent.	of others. Explain reasons for	of others. Articulate the
	choices and how they clarify	reasons for choices and
b. Explore or invent a system	artistic intent.	revisions and explain how
to record a dance sequence		they clarify and enhance the
through writing, symbols, or	b. Investigate a recognized	artistic intent.
a form of media technology.	system to document a dance	
	sequence by using words,	b. Experiment with aspects of
	symbols, or media	a recognized system to
	technologies.	document a section of a dance
		by using words, symbols, or
		media technologies.
DA:Pr4.1.6	DA:Pr4.1.7	DA:Pr4.1.8
a. Refine partner and	a. Expand movement	a. Sculpt the body in space
ensemble skills in the ability	vocabulary of floor and air	and design body shapes in
to judge distance and spatial	pattern designs. Incorporate	relation to other dancers,
design. Establish diverse	and modify body designs	objects, and environment.
pathways, levels, and patterns	from different dance genres	Use focus of eyes during
in space. Maintain focus with	and styles for the purpose of	complex floor and air patterns
partner or group in near and	expanding movement	or direct and indirect
far space.	vocabulary to include	pathways.
	differently designed shapes	
b. Use combinations of	and movements for interest	b. Analyze and select metric,
sudden and sustained timing	and contrast.	kinetic, and breath phrasing
as it relates to both the time	1 37 1 4 1 1	and apply appropriately to
and the dynamics of a phrase	b. Vary durational approach	dance phrases. Perform dance
or dance work. Accurately use accented and unaccented	in dance phrasing by using	phrases of different lengths that use various timings
beats in 3/4 and 4/4 meter.	timing accents and variations within a phrase to add interest	within the same section. Use
beats in 3/4 and 4/4 meter.	kinesthetically, rhythmically,	different tempi in different
c. Use the internal body force	and visually.	body parts at the same time.
created by varying tensions	and visually.	body parts at the same time.
within one's musculature for	c. Compare and contrast	c. Direct energy and
movement initiation and	movement characteristics	dynamics in such a way that
dynamic expression.	from a variety of dance	movement is textured.
Distinguish between bound	genres or styles. Discuss	Incorporate energy and
and free-flowing movements	specific characteristics and	dynamics to technique
and appropriately apply them	use adverbs and adjectives	exercises and dance
to technique exercises and	to describe them. Determine	performance. Use energy and
dance phrases.	what dancers must do to	dynamics to enhance

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	perform them clearly.	and project movements.
DA:Pr5.1.6	DA:Pr5.1.7	DA:Pr5.1.8
a. Embody technical dance skills (for example, functional alignment, coordination, balance, core support, clarity of movement, weight shifts, flexibility/range of motion) to retain and execute dance choreography. b. Develop a plan for healthful practices in dance activities and everyday life including nutrition and injury prevention. Discuss implementation of the plan and how it supports personal performance goals. c. Collaborate with peers to establish and implement a rehearsal plan to meet performance goals. Use a variety of strategies to analyze and evaluate performances of self and others (for example, use video recordings of practice to analyze the difference between the way movements look and how they feel to match performance with visual affect). Articulate performance goals and justify reasons for selecting	a. Dance with sensibility toward other dancers while executing complex spatial, rhythmic and dynamic sequences to meet performance goals. b. Apply anatomical principles and healthful practices to a range of technical dance skills for achieving fluency of movement. Follow a personal nutrition plan that supports health for everyday life. c. Plan and execute collaborative and independent practice and rehearsal processes with attention to technique and artistry informed by personal performance goals. Reflect on personal achievements.	a. Apply body-mind principles to technical dance skills in complex choreography when performing solo, partnering, or dancing in ensemble works in a variety of dance genres and styles. Self evaluate performances and discuss and analyze performance ability with others. b. Research healthful and safe practices for dancers and modify personal practice based on findings. Discuss how research informs practice. c. Initiate, plan, and direct rehearsals with attention to technical details and fulfilling artistic expression. Use a range of rehearsal strategies to achieve performance excellence.
particular practice strategies. DA:Pr6.1.6	DA:Pr6.1.7	DA:Pr6.1.8
a. Recognize needs and adapt movements to performance area. Use performance etiquette and performance practices during class, rehearsal and performance. Post performance, accept	a. Recommend changes to and adapt movements to performance area. Use performance etiquette and performance practices during class, rehearsal and performance. Maintain	a. Demonstrate leadership qualities (for example commitment, dependability, responsibility, and cooperation) when preparing for performances. Use

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notes from choreographer and	journal documenting these	performance etiquette and
make corrections as needed	efforts. Post-performance,	performance practices during
and apply to future	accept notes from	class, rehearsal and
performances.	choreographer and apply	performance. Document
	corrections to future	efforts and create a plan for
b. Compare and contrast a	performances.	ongoing improvements. Post
variety of possible production		performance, accept notes
elements that would intensify	b. Explore possibilities of	from choreographer and
and heighten the artistic	producing dance in a variety	apply corrections to future
intent of the work. Select	of venues or for different	performances.
choices and explain reasons	audiences and, using	
for the decisions made using	production terminology,	b. Collaborate to design and
production terminology.	explain how the production	execute production elements
	elements would be handled in	that would intensify and
	different situations.	heighten the artistic intent of
		a dance performed on a stage,
		in a different venue, or for
		different audiences. Explain reasons for choices using
		production terminology.
DA:Re.7.1.6	DA:Re.7.1.7	DA:Re.7.1.8
a. Describe or demonstrate	a. Compare, contrast, and	a. Describe, demonstrate and
recurring patterns of	discuss patterns of movement	discuss patterns of movement
movement and their	and their relationships in	and their relationships in
relationships in dance.	dance.	dance in context of artistic
		intent.
b. Explain how the elements	b. Compare and contrast how	
of dance are used in a variety	the elements of dance are	b. Explain how the elements
of dance genres, styles, or	used in a variety of genres,	of dance are used in a variety
cultural movement practices.	styles, or cultural movement	of genres, styles, or cultural
Use genre-specific dance	practices. Use genre-specific	movement practices to
terminology.	dance terminology.	communicate intent. Use
		genre-specific dance
D. D. 0.1.6	D. D. 0.1.5	terminology.
DA:Re.8.1.6	DA:Re.8.1.7	DA:Re.8.1.8
Explain how the artistic expression of a dance is	Commons the messeles of	Calact a damage and amilatin
T EXDRESSION OF A DANCE IS	Compare the meaning of	Select a dance and explain
_	different dances. Explain how	how artistic expression is
achieved through the	different dances. Explain how the artistic expression of each	how artistic expression is achieved through
achieved through the elements of dance, use of	different dances. Explain how the artistic expression of each dance is achieved through the	how artistic expression is achieved through relationships among the
achieved through the elements of dance, use of body, dance technique, dance	different dances. Explain how the artistic expression of each dance is achieved through the elements of dance, use of	how artistic expression is achieved through relationships among the elements of dance, use of
achieved through the elements of dance, use of body, dance technique, dance structure, and context.	different dances. Explain how the artistic expression of each dance is achieved through the elements of dance, use of body, dance technique, and	how artistic expression is achieved through relationships among the elements of dance, use of body, dance technique and
achieved through the elements of dance, use of body, dance technique, dance structure, and context. Explain how these	different dances. Explain how the artistic expression of each dance is achieved through the elements of dance, use of body, dance technique, and context. Use genre specific	how artistic expression is achieved through relationships among the elements of dance, use of body, dance technique and context. Cite evidence in the
achieved through the elements of dance, use of body, dance technique, dance structure, and context.	different dances. Explain how the artistic expression of each dance is achieved through the elements of dance, use of body, dance technique, and	how artistic expression is achieved through relationships among the elements of dance, use of body, dance technique and

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DA:Re9.1.6	DA:Re9.1.7	DA:Re9.1.8
Discuss the characteristics	Compare artistic intent,	Use artistic criteria to
and artistic intent of a dance	content and context from	determine what makes an
from a genre, style, or	dances to examine the	effective performance.
cultural movement practice	characteristics of genre, style,	Consider content, context,
and develop artistic criteria to	or cultural movement	genre, style, or cultural
critique the dance using	practice. Based on the	movement practice to
genre-specific dance	comparison, refine artistic	comprehend artistic
terminology.	criteria using genre-specific	expression. Use genre
	dance terminology.	specific dance terminology.
DA:Cn10.1.6	DA:Cn10.1.7	DA:Cn10.1.8
a. Observe the movement	a. Compare and contrast the	a. Relate connections found
characteristics or qualities	movement characteristics or	between different dances and
observed in a specific dance	qualities found in a variety of	discuss the relevance of the
genre. Describe differences	dance genres. Discuss how	connections to the
and similarities about what	the movement characteristics	development of one's
was observed to one's	or qualities differ from one's	personal perspectives.
attitudes and movement	own movement	
preferences.	characteristics or qualities	b. Investigate two contrasting
	and how different	topics using a variety of
b. Conduct research using a	perspectives are	research methods. Identify
variety of resources to find	communicated.	and organize ideas to create
information about a social		representative movement
issue of great interest. Use the	b. Research the historical	phrases. Create a dance
information to create a dance	development of a dance genre	study exploring the
study that expresses a specific	or style. Use knowledge	contrasting ideas. Discuss how the research informed
point of view on the topic. Discuss whether the	gained from the research to	
	create a dance study that evokes the essence of the	the choreographic process
experience of creating and		and deepens understanding of
sharing the dance reinforces	style or genre. Share the	the topics.
personal views or offers new	study with peers as part of a lecture demonstration that	
knowledge and perspectives.	tells the story of the historical	
	journey of the chosen genre	
	or style. Document the	
	process of research and	
	application.	
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DA:Cn11.1.6	DA:Cn11.1.7	DA:Cn11.1.8
Interpret and show how the movement and qualities of a dance communicate its cultural, historical, and/or community purpose or meaning.	Compare, contrast, and discuss dances performed by people in various localities or communities. Formulate possible reasons why similarities and differences developed in relation to the ideas and perspectives	Analyze and discuss, how dances from a variety of cultures, societies, historical periods, or communities reveal the ideas and perspectives of the people.
	important to each social group.	